



Charleston Southern University Spring Break Invitational
Events Time Schedule
March 17-18, 2017

Friday, March 17th

FIELD EVENTS

10:00 AM M Hammer (Top 9 advance to finals)
10:00 AM W Javelin (Top 9 advance to finals)
12:30 PM M Pole Vault
1:00 PM W Hammer (Top 9 advance to finals)
2:30 PM W Pole Vault
3:00 PM M Long Jump (Men followed by Women) (Top 9 advance to finals)
3:00 PM M Javelin (Top 9 advance to finals)

TRACK EVENTS

(Men followed by Women, # of Sections run fast to slow):

11:45 AM National Anthem
12:00 PM 110 Meter Hurdles M Trials (top 8 collegiate times qualify for Sat. final)
12:25 PM 100 Meter Hurdles W Trials (top 8 collegiate times qualify for Sat final)
12:50 PM 100 Meters M Trials (Top 8 collegiate times qualify to Sat. final)
1:10 PM 100 Meters W Trials (Top 8 collegiate times qualify to Sat. final)
1:35 PM 400 Meters M Sections 2-6
1:55 PM 400 Meters W Sections 2-4
2:15 PM 800 Meters M Sections 2-4
2:30 PM 800 Meters W Sections 2-4
2:50 PM 400 Meter IH M Sections 2-3
3:10 PM 400 Meter LH W Sections 2-4
3:35 PM 200 Meters M (All sections)
3:55 PM 200 Meters W (All Sections)

DISTANCE CARNIVAL

7:00pm 3,000 Meters SC M
7:15pm 3,000 Meters SC W
7:35 pm 1500 Meters M (All Sections)
7:55 pm 1500 meters W (All Sections)
8:20 pm 5,000 Meters M
8:55 pm 5,000 Meters W

Saturday, March 18th

FIELD EVENTS

- 9:00 AM M Discus (Top 9 advance to finals)
- 9:30 AM W Shot Put (Top 9 advance to finals)
- 10:00 AM M Triple Jump followed by W (Top 9 advance to finals)
- 11:00 AM M High Jump
- 1:00 PM W High Jump
- 1:00 PM W Triple Jump (Top 9 advance to finals)
- 1:00 PM M Shot Put (Top 9 advance to finals)
- 1:00 PM W Discus (top 9 advance to finals)

TRACK EVENTS

(Men followed by Women)

- 12:15 PM National Anthem
- 12:30 PM 4x100 Meter relay M
- 12:35 PM 4x100 Meter relay W
- 1:05 PM 110 Meter H Final M (top 8 collegiate times from Friday prelims)
- 1:10 PM 100 Meter H Final W (top 8 collegiate times from Friday prelims)
- 1:20 PM Seeded 400 Meter M (Section 1)
- 1:25 PM Seeded 400 Meter W (Section 1)
- 1:35 PM 100 Meter Final M (top 8 collegiate times from Friday prelims)
- 1:40 PM 100 Meter Final W (top 8 collegiate times from Friday prelims)
- 1:45 PM Seeded 800 Meters M (Section 1)
- 1:55 PM Seeded 800 Meters W (Section 1)
- 2:05 PM Seeded 400 Meter LH M (Section 1)
- 2:10 PM Seeded 400 Meter IH W (Section 1)
- 2:15 PM 3000 Meters M
- 2:30 PM 3000 Meters W
- 2:45 PM 4x400 Meter relay M
- 2:55 PM 4x400 Meter relay W